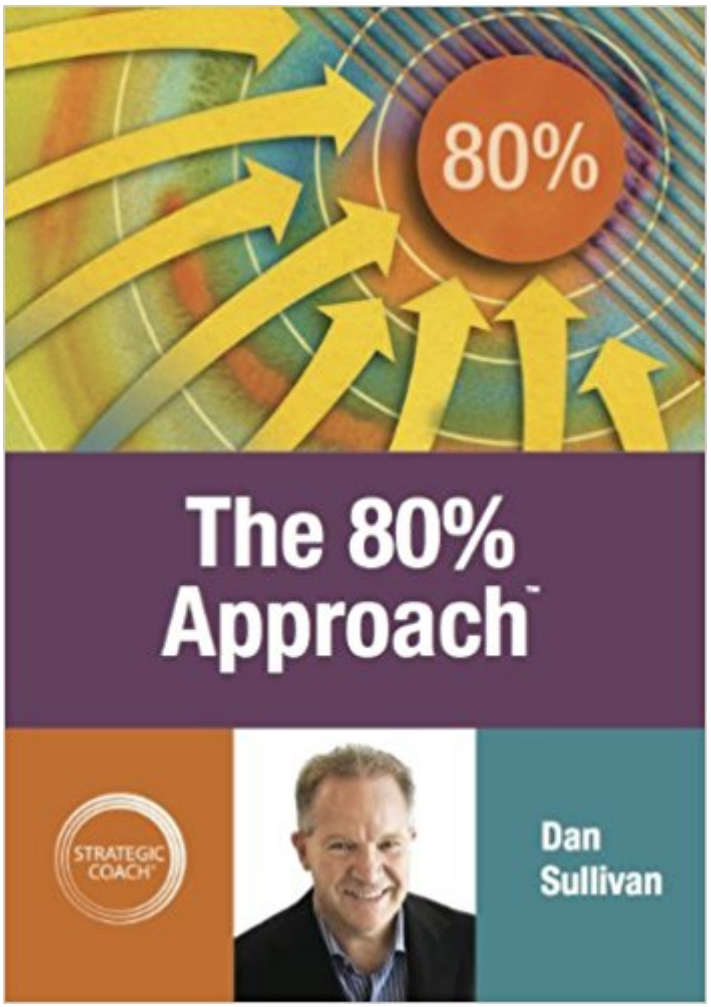
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The 80% Approach



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Synopsis

The 80% Approach is a transformative way of thinking and acting that eliminates the paralysis of perfectionism and procrastination. The human brain is capable of extraordinary creativity and inventiveness. At the same time, it can work against itself in ways that leave many people feeling chronically guilty and dissatisfied in spite of living in a world of great achievements. With seemingly everything in the world to be optimistic about, many people are frustrated and non-productive throughout much of their lives due to the paralysis of perfectionism and procrastination that can affect all of us. In this small book, Dan Sullivan presents a remarkably simple concept and method that, if mastered, will effectively eliminate all perfectionism and procrastination in your life on a continual basis.

Book Information

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Customer Reviews

Dan Sullivan is the founder and president of The Strategic Coach Inc. and creator of the Strategic CoachÃ Â® Program, which helps accomplished entrepreneurs reach new heights of success and happiness. He has over 30 years of experience as a strategic planner and coach to entrepreneurial individuals and groups. He is author of over 30 publications, including The Great CrossoverÃ Â®, The 21st Century AgentÃ¢â Â¢, Creative Destruction, and How the Best Get BetterÃ Â®, and co-author of The Laws of Lifetime Growth and The Advisor Century.

What a wonderful book on gaining more clarity in your life - and getting a LOT more done.The 80% Approach = "A way of thinking and acting that eliminates the paralysis of perfectionism and

procrastination." (from the beginning pages of this book.)I speak for myself when I admit that perfectionism and procrastination have cost me a lot of time, confidence and money. Dan Sullivan clarified it so much for me, by showing that perfectionism and procrastination come from the same "mold." Perfectionists are always procrastinators, and procrastinators are always perfectionists.So the whole reason for anyone reading "The 80% Approach" would be to eliminate procrastination and perfectionism, and become super confident and achieve your goals.

Very short book that covers the material very effectively.It provides a quick, incisive framework to help unblock you from perfectionism and procrastination.I do think it over-reaches a bit in parts. And sometimes the author makes it seem like the concept will revolutionize humanity.But in the whole, it’s well worth the read. Highly recommend.

I’ve struggled with perfectionism and procrastination for years. This book clearly identified the drag that has created in my life and career. The tools within easily replace countless ineffective coaching sessions in my past which never created this clarity. Now I have a simple, easy-to-apply framework for accelerating my success, freeing myself from struggle.

The 80% Approach is a simple idea loaded with power to enable people to get out from being stuck in the mud to being agents of change and productivity. Get it, read it in about 40 minutes and start applying this approach today!

I give this a heartfelt 80%!!! This has helped me (a perfectionist) do so much more. Now whenever I feel any type of pressure, I think of the 80% approach. Can I delegate? Did I give it 80%, instead of 100%. I get things done, and move on much quicker.

Some of the best advice ever received - stop being a perfectionist - it will never go anywhere. Dan’s language is easy to understand and his suggestions easy to implement.

not a book. basically a phamplet. disk was missing.

If you find yourself stuck and procrastinating this book will give you the inspiration to give yourself permission to move ahead without using perfectionism as your excuse for inaction. A valuable complement to Steve Pressfield’s indispensable book The War of Art.

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